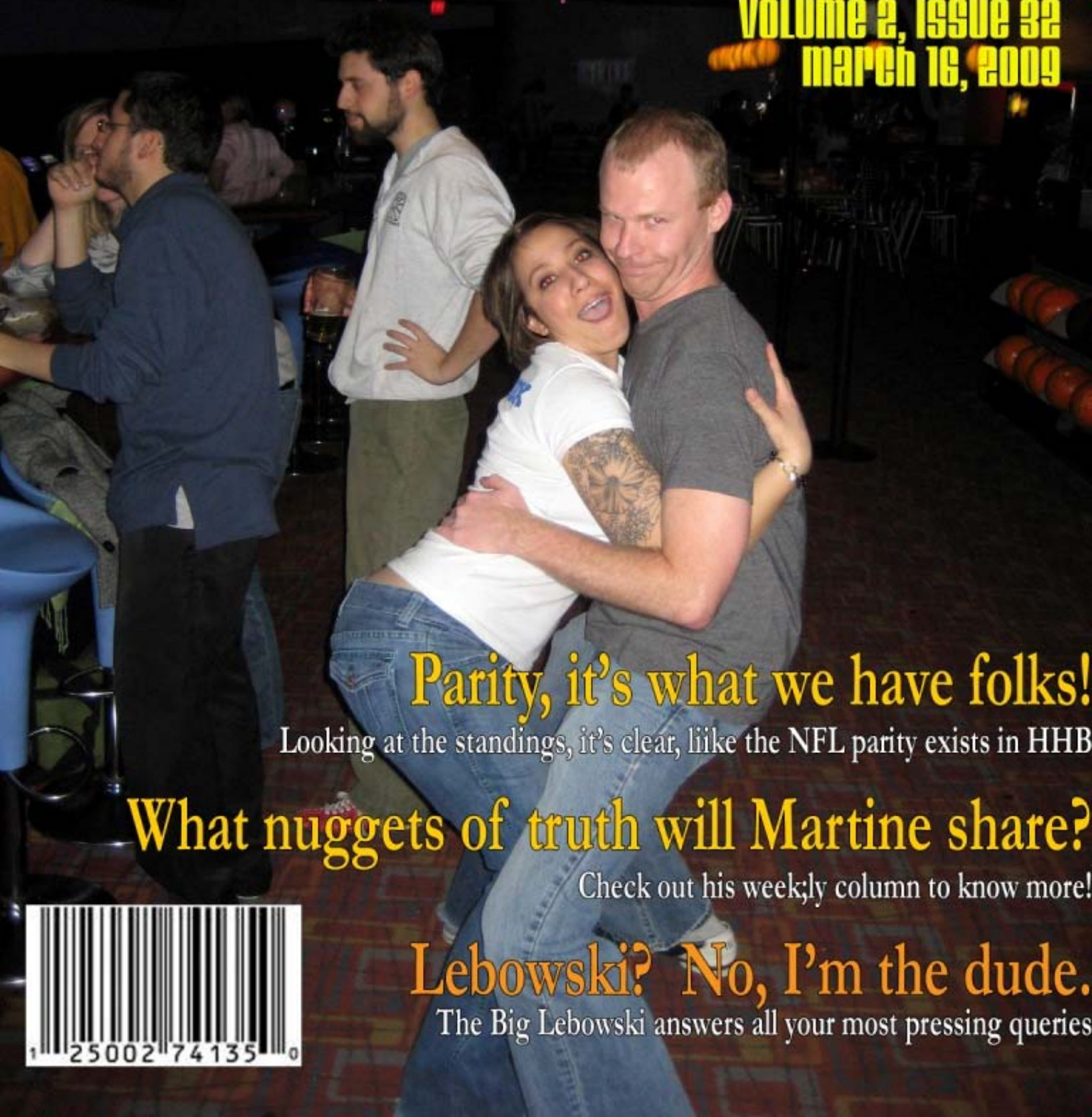


The Morning After

VOLUME 2, ISSUE 32
MARCH 16, 2009



Parity, it's what we have folks!

Looking at the standings, it's clear, liike the NFL parity exists in HHB

What nuggets of truth will Martine share?

Check out his weekly column to know more!

Lebowski? No, I'm the dude.

The Big Lebowski answers all your most pressing queries





HHB Tip of the Week:

If your lane stops working, I suggest heaving as many balls as you can towards the problem, you'll be happy you did!

The Morning After...

Winter 2009

March 16, 2009

Week 3 is cooked and it seems like we're all hitting or not hitting our bowling stride. I for one am regressing I believe... Anyway, it's St. Patrick's Day at Strike and in your hearts and glass I'm sure, so be sure to do it up as much as possible. We've got new bowling tips below, so check em out, who knows, we all may learn something!

In this Issue:

The Cover (JA and AW).....	1
Intro.....	2
Bowler Tips.....	2
Actual and Factual News.....	3
Team Standings.....	4
Week 1 Head to Head Scores.....	5
Individual Averages.....	7
The Kingpin.....	10
Bowler Questions and Answers...	11
Random Shots at The Strike.....	12

Bowler Tips from the Pros, and some from the Cons

Tips from George Freeman, an Expert Bowler:

First of all, the best way to approach any single pin spare is to go directly for it. Learning how to throw a straight ball to certain areas of the lane will increase your spare percentages immediately. Some bowlers like to use a "spare ball", which is generally plastic, which goes much straighter than regular urethane or resin.

Cons from Russel Parneckel, a Terrible Bowler:

Wait, you are going to get a spare? Well congrats, and just stop what you're doing. First things first, chug a pitcher of beer, and possibly pour some beer all over yourself for proper lubrication. Then find the first random girl (or guy, your choice) and attempt to make out with them, whether they seem into it or not. At this point run, because you're going to get arrested.

Tips from Jeff Piroozshad, an Expert Bowler:

Don't just settle for corner pin after corner pin. And most importantly, don't get frustrated when you're leaving them. Realize that the ball is not hitting the pocket in the right place, or in the right way, and use one of these techniques to increase your carry percentage, and ultimately, your scores.

Cons from Alloysious Berkenbridgia, a Terrible Bowler:

Wait, there are corner pins? Get the hell out of here, why am I holding a tennis racket and tire iron? Well it looks like I'm getting into something completely different! Good luck!



Actual and Factual News aka Stuff We Didn't Make Up

Saturday, March 1: Summer 2009 HHKB Registration is Open!

The 3rd Summer Season of Happy Hour Kickball is open and we're accepting new teams!

Cost: Still the most economical league in the area at \$48.00 a person, you can't beat that!

Game Times: 6:30 and 7:15 pm each and every Wednesday night, with post game fun taking place at The Barking Dog.

Parties: Still having 3 parties, the Beer OH Lympics and outings during the season itself.

Tuesday, April 7: Final Week of the HHB Season

After 7 weeks of bowling fun we end it in style with awards for high score, low score, high average, low average and we crown our first ever Happy Hour Bowling Champions!

Friday, April 10: Happy Hour Kickball Pre-Season Happy Hour at Blackfinn

Friday night we head over to Blackfinn for a private party in the Pearl Room to get our drink and eat on. Come back here to check on the details of what specials we're getting but I can tell you, they're worth the trip!

Happy Hour goes from 6 pm—8 pm, what we do afterwards will be up to us!

Wednesday, April 15: Week 1 of the Summer Season

It's week 1 of the Summer 2009 Happy Hour Kickball Season, you know how we do and you know how we're rolling so come on out!

Saturday, April 25: The 2nd Annual Happy Hour Kickball Bethesda Back 9

Cost - \$5.00 (if you play in HHB or HHKB you do not need to bring cans) with 2 cans of food benefiting The Children's Inn at NIH, \$7.00 without

Registration - 12:00 pm - 5:00 pm at Union Jacks

Crawl - Do it from 12:00 pm - 9:00 pm

Specials - \$2.50 Bud and Bud Light bottles, \$3.00 Yuengling Drafts and assorted food specials at each stop along the way.

Bars:

Barking Dog, Tommy Joes, Blackfinn, Union Jacks, Wing Hub

Hard Times Café, Steamers, Sapphire Cafe

Flannagan's Harp and Fiddle

Also, prizes for best golf attire and for hitting all 9 bars (drawn at random)!
All awarded at the Barking Dog at the end of the night!



HHB 2009 Winter Standings

Team	Points	Wins	Losses	Ties
Super Cereal	1407	3	0	0
Triple Threat	1331	3	0	0
That's How We Roll	1243	3	0	0
Team Duck Butter	1227	3	0	0
Living on a Spare	1209	3	0	0
Hunger Strike	1175	2	1	0
Just the Tip	1081	2	1	0
I can't believe it's not gutter	1262	1	2	0
Spare Me	1230	1	2	0
Juicy Balls	1208	1	2	0
Irritable Bowl Syndrome	1166	1	2	0
Sloppy Joes	1113	1	2	0
Splitz Happnes	1095	1	2	0
Dolls with Balls	1077	1	2	0
High Rollerz	1058	1	2	0
Rock Star Rollers	1057	1	2	0
Little Lebowski Urban Achievers	1009	1	2	0
King Ralph's Court	937	1	2	0
Balls Deep	887	0	3	0
The Gutter Balls	877	0	3	0

Last Week's Games

Team Score and Players	Team Score and Players	High Scorer	Low Scorer
Little Lebowski Urban Achievers 323 1. Chris 120 2. Alex 114 3. Nuvan 89	Balls Deep 297 1. JOHO 102 2. MSMAC 100 3. Charwels 95	Little Lebowski Urban Achievers Chris 136 Balls Deep MSMAC 120	Little Lebowski Urban Achievers Andrew 67 Balls Deep Knauerlater 50

Team Score and Players	Team Score and Players	High Scorer	Low Scorer
I can't believe it's not gutter 449 1. Kevbro 156 2. Ty 149 3. Homespot 144	King Ralph's Court 299 1. Chip 112 2. Chris B 94 3. Alison 93	I can't believe it's not gutter Kevbro 156 King Ralph's Court Alison 123	I can't believe it's not gutter Megatron 92 King Ralph's Court Bowler#2 67

Team Score and Players	Team Score and Players	High Scorer	Low Scorer
Just the Tip 361 1. Mattis 150 2. Big C 118 3. Rob 99	Triple Threat 460 1. Sweet 171 2. Scorpio D 151 3. Bocephus 138	Just the Tip Mattis 150 Triple Threat Sweet 171	Just the Tip Bernie 87 Triple Threat Baby Bex 74

Team Score and Players	Team Score and Players	High Scorer	Low Scorer
Team Duck Butter 421 1. Ryan S 163 2. Jason 134 3. Steve 124	Spare Me 392 1. Jon 144 2. Rob 131 3. Erik 117	Team Duck Butter Ryan S 163 Spare Me Jon 144	Team Duck Butter Jason 97 Spare Me Erik and Stacy at 98

Team Score and Players	Team Score and Players	High Scorer	Low Scorer
Juicy Balls 382 1. Seamus 152 2. Blake 127 3. Margot 103	Super Cereal 484 1. Rob 184 2. Thomas 158 3. Seth 142	Juicy Balls Seamus 152 Super Cereal Rob 184	Juicy Balls Margot 67 Super Cereal Farhan 113

Last Week's Games

Team Score and Players	Team Score and Players	High Scorer	Low Scorer
The Gutter Balls 316 1. Bob 140 2. Mike 106 3. Debbie 70	Rock Star Rollers 337 1. Roy Munson 147 2. Wild Horses 96 3. J Dhamer 94	The Gutter Balls Bob 140 Rock Star Rollers Roy Munson 147	The Gutter Balls DQuincy 60 Rock Star Rollers Cialis 62

Team Score and Players	Team Score and Players	High Scorer	Low Scorer
High Rollerz 360 1. Speedy 157 2. Wiley Coyote 113 3. Woody 90	Hunger Strike 380 1. Leaf 145 2. Littledice 130 3. Robo 105	High Rollerz Mak 130 Hunger Strike Leaf 149	High Rollerz Knauer 51 Hunger Strike Bonomo 70

Team Score and Players	Team Score and Players	High Scorer	Low Scorer
Dolls with Balls 337 1. Jenn 127 2. Kate 112 3. D2 98	Splitz Happens 381 1. Jeff 141 2. Kenny 124 3. Stephanie 116	Dolls with Balls D2 137 Splitz Happens Jeff 141	Dolls with Balls Kate 77 Splitz Happens Elaine 64

Team Score and Players	Team Score and Players	High Scorer	Low Scorer
Living on a Spare 398 1. Bud Mike 139 2. Holloman 136 3. Midget 123	Sloppy Joes 383 1. Da Jesus 138 2. Big Ern 126 3. Keith Richards 119	Living on a Spare Holloman 145 Sloppy Joes Big Ern 144	Living on a Spare Fiesta 77 Sloppy Joes Keith Richards 72

Team Score and Players	Team Score and Players	High Scorer	Low Scorer
That's How We Roll 435 1. Guss 191 2. DDAWG 146 3. ADAWG 98	Irritable Bowl Syndrome 404 1. Gabe 153 2. K 127 3. Albers 124	That's How We Roll Guss 191 Irritable Bowl Syndrome Gabe 153	That's How We Roll Meem 69 Irritable Bowl Syndrome David 64

This Season's Averages

Name	Team	Week 1	Week 2	Week 3	Average
Guss	That's How We Roll	148	158	169	158
Seth	Super Cereal	160	163	140	154
XY	Hunger Strike	171	136	143	150
Thomas	Super Cereal	145	150	141	145
Scorpio D	Triple Threat	153	133	145	144
Holloman	Living on a Spare	152	151	127	143
Stacy	Spare Me	153	157	115	142
Homespot	I can't believe it's not Gutter	127	160	137	141
Ddawg	That's How We Roll	148	129	144	140
Jon	Spare Me	0	0	139	139
Seamus Juice	Juicy Balls	140	130	133	134
Mikey Sweet	Triple Threat	123	122	154	133
Flo	Spare Me	155	137	104	132
Mattis	Just the Tip	0	0	131	131
Rob	Super Cereal	130	110	151	130
Brenster	I can't believe it's not Gutter	126	134	127	129
Ryan S	Team Duck Butter	0	122	134	128
Jenn	Dolls with Balls	129	127	124	127
Bocephus	Triple Threat	143	115	122	127
Gabe	Irritable Bowl Syndrome	133	112	131	125
Bud Mike	Living on a Spare	128	115	131	125
Jo	Dolls with Balls	111	136	0	124
Fern	High Rollerz	123	125	121	123
Da Jesus	Sloppy Joes	137	110	122	123
Albers	Irritable Bowl Syndrome	115	132	121	123
Mike	Splitz Happens	147	111	109	122
Blake Juice	Juicy Balls	124	123	120	122
Jason	Team Duck Butter	133	106	118	119
Ryan K	Team Duck Butter	122	122	113	119
Gogo Orlando	King Ralph's Court	119	0	0	119
Steve	Team Duck Butter	116	112	128	119

This Season's Averages

Name	Team	Week 1	Week 2	Week 3	Average
Katie	High Rollerz	102	121	126	116
Kevbro	I can't believe it's not Gutter	104	117	128	116
Matthew	Rock Star Rollers	102	114	130	115
K	Irritable Bowl Syndrome	0	114	115	115
Rob	Spare Me	121	97	122	113
Midget	Living on a Spare	97	133	106	112
D2	Dolls with Balls	0	107	117	112
Steph	Splitz Happens	0	107	116	111
Farhan	Super Cereal	101	111	121	111
Big Ern	Sloppy Joes	105	97	131	111
Tyflacco	I can't believe it's not Gutter	110	0	132	110
Chris	Just the Tip	118	101	111	110
Rubber Man	Sloppy Joes	105	115	109	110
Chris	Little Lebowski Urban Achievers	119	96	113	109
Robo	Hunger Strike	113	115	98	109
Matt	Team Duck Butter	104	112	0	108
Dave	Just the Tip	104	93	126	108
Msmak	Balls Deep	100	115	107	107
Ken	Splitz Happens	97	116	104	106
Alex	Little Lebowski Urban Achievers	118	110	87	105
Littledice	Hunger Strike	101	102	109	104
Jeff	Splitz Happens	96	95	120	104
Stopyy	Living on a Spare	108	96	104	103
John Juice	Juicy Balls	116	0	89	102
Chip	King Ralph's Court	0	101	100	101
Harvey	Rock Star Rollers	88	100	112	100
Erik	Spare Me	90	102	107	100
Kimster	Triple Threat	113	74	111	99
Mark	Rock Star Rollers	110	94	90	98

This Season's Averages

Name	Team	Week 1	Week 2	Week 3	Average
Kate	Dolls with Balls	0	100	94	97
Rob	Just the Tip	114	76	99	96
Alison	King Ralph's Court	0	95	94	95
Dipsydoodle	Triple Threat	107	65	107	93
Fiesta Martine	Living on a Spare	104	81	90	92
Arelle	The Gutter Balls	93	103	77	91
Dan	Just the Tip	0	87	96	91
Keith Richards	Sloppy Joes	82	94	96	91
Mesikin A Strike	I can't believe it's not Gutter	101	80	0	91
Karl	The Gutter Balls	83	90	98	90
Warren	King Ralph's Court	94	84	0	89
Jill	High Rollerz	64	96	106	89
Andrew	Little Lebowski Urban Achievers	95	86	83	88
Nuvan	Little Lebowski Urban Achievers	102	74	87	88
Studlee	Living on a Spare	83	92	0	88
Margot Juice	Juicy Balls	96	76	90	87
Erica	Rock Star Rollers	101	80	79	87
Adawg	That's How We Roll	73	80	106	86
Bowler2	King Ralph's Court	81	94	82	86
Jodie	The Gutter Balls	101	82	69	84
Meem	That's How We Roll	98	79	75	84
Nina	Dolls with Balls	94	73	0	83
Megatronic	I can't believe it's not Gutter	72	81	95	83
David	Irritable Bowl Syndrome	85	89	69	81
Baby Bex	Triple Threat	75	82	85	81
Cart Awesome	King Ralph's Court	79	102	61	81
Bernie	Just the Tip	96	59	87	81
Bonomo	Hunger Strike	69	86	85	80
Charwels	Balls Deep	93	69	77	80
Joho	Balls Deep	82	71	84	79
4th	Irritable Bowl Syndrome	78	0	0	78
Meesh	Irritable Bowl Syndrome	0	74	85	74
Elaine	Splitz Happens	46	92	66	68
Greg	The Gutter Balls	66	0	0	66
Knauerlater	Balls Deep	67	62	57	62
Billy	The Gutter Balls	69	0	114	61
Annie	High Rollerz	55	53	0	54
Chapple	The Gutter Balls	45	54	0	50

The King Pin with His Holiness, Fiesta Martine

Proper Bowling Form

... What you want at the end of your throw, is your shoulders square with the lane, and your hand pointing to where the angels live. Now after the point of release it is of the utmost importance to really, really pray. Finally none of this is possible with out your help and contribution please donate to the congregation so that we can help the unfallen pins of other bowlers...

Hi everybody that was just a small excerpt from Pat Robertson's Guide to Bowling. Many of you may not know this. It would seem that I REALLY suck at this whole rolling a ball toward 10 white sticks to make them fall down thing. I don't turn to God often. But if he/she is there for all your major sporting events, basketball tourney, Superbowl, and the Australian Open I figure he/she has to be a sports fan (Honestly would you care who won a tennis match in that heat?).

So I figured since he/she is a fan I could get some help from the Big J (my name for him). What better way of getting hold of the BJ then talking to the connection around here. A pimp for the BJ in a sort of way. So by reading up on Pat Robertson's book I found the best way to get the BJ is of course through monetary donations. But Pat also said don't be afraid to get on your knees. God likes a good service returned back as well.

This is my first week trying to bowl after getting hooked up with the BJ so I don't know if I'm in for better results or not. However, loyal reader I will let you know how my time after BJ went. I'm hoping I can be much more relaxed and centered this week while I bowl.

Even better news, today is St. Patty's Day!

Can there be a better time of year? The streets run green with the urine of drunkards. Someone gropes the wrong girl's ass and gets into a fight. Said person has to wait for an ambulance to arrive. A hot EMT (well, what passes for hot after 20 green beers) gets out to administer to the wounds of our groper. He tries to make out with the EMT but instead gets sick all over her. She pours charcoal down his throat as retaliation (she "claimed" it was to save his life). Then he wakes up the next morning in the hospital ass hanging out of a hospital gown and he realizes somehow the left half of his pubes have been shaved away. That is what makes this holiday so great. The stories you can tell to your grandchildren.

Have a safe one everybody!



Bowler Questions and Answers

Each and every week, your most pressing questions will be put to a character (or characters) from the greatest bowling movie of all time, The Big Lebowski. It being week 3, we thought it best to go to the man who really started all the problems for our hero, the real Lebowski, the Big Lebowski himself...ENJOY!



- 1) Someone stole my favorite ball, how should I go about retrieving it?
I just want to understand this, sir. Every time a rug is micturated upon in this fair city, I have to compensate the owner? Did I urinate on your rug?
- 2) I'm a guy and when I order a cosmo, my boys make fun of me, what should I do?
What in God's holy name are you blathering about?
- 3) I think my bowling shirt says a lot about me, what do you think of it?
Are you employed, sir? You don't go out looking for a job dressed like that? On a weekday?
- 4) I keep over throwing my ball when attempting spares, what should I do to correct this?
Your revolution is over, Mr. Lebowski. Condolences. The bums lost. My advice is to do what your parents did; get a job, sir. The bums will always lose. Do you hear me, Lebowski?
- 5) It's been 3 weeks and I still haven't gotten a strike, what am I doing wrong here?
F&k it! Yes! That's your answer. That's your answer for everything! Tattoo it on your forehead!*

Random Shots from The Strike

